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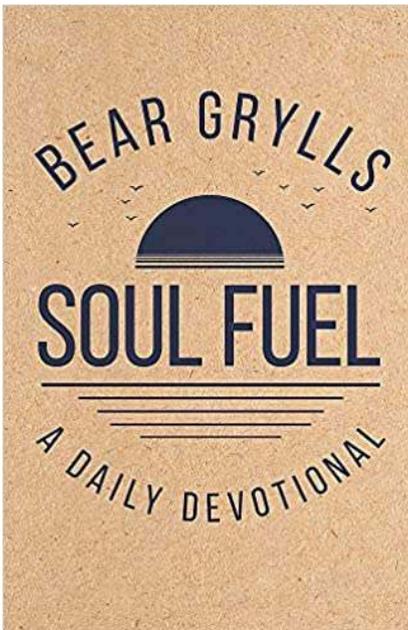
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## Daily Readings



Bestselling author Bear Grylls has survived a free-fall parachute accident that left him with a broken back, possibly unable to walk again; falling down a mountain in the Rockies, severing a finger in the Vietnam jungle, a broken shoulder in Antarctica. He passed the gruelling training to join the SAS, crossed the North Atlantic in an open inflatable boat, and held the highest ever open-air formal dinner party, in a balloon at 25,000 feet.

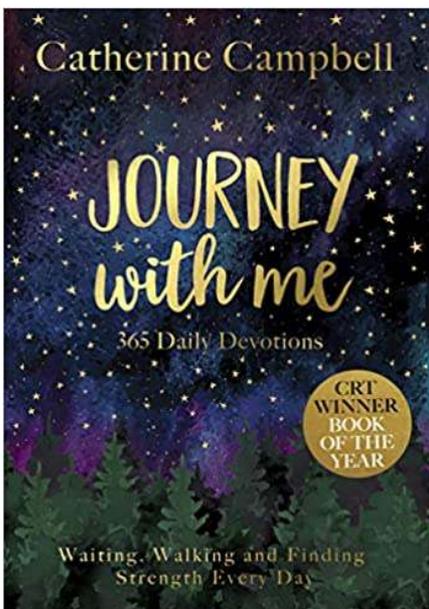
But the hardest thing he has ever had to face, he says, is the death of his father. It was then, age 25, that he found what he describes in an interview with the *Telegraph* as 'a really lovely quiet faith that has been a powerful thing in our lives'.

As he wrote in *GQ* magazine, 'Faith doesn't mean you have to be especially "religious". But, in a nutshell, my faith tells me that I am known, that I am secure and that I am loved - regardless of the storms I may find myself in from time to time, regardless of how often I fall and fail.'

For the first time, in this open, brave and honest book, Bear reveals the inspiration that helps him to stand strong and find peace each day. These daily readings - exploring themes of friendships, failure, courage, risk, and much more - show us all how to face each day with purpose and power.

'Be brave. Embrace faith wherever you may find it. You have nothing to lose and everything to gain.'

**Hardback, Price: £14.99**



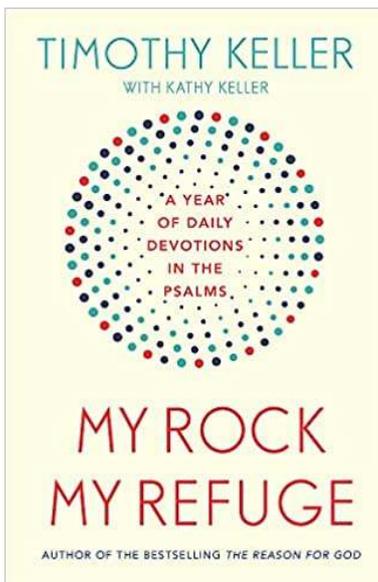
### Christian Book of the Year in 2019

Catherine Campbell invites you to journey with her through the year as she shares 365 Bible meditations that have touched her heart and changed her life.

Using an eclectic mix of readings, character cameos and anecdotes, Catherine takes us across new terrain every day. As with life, some paths will be smooth and scenic, while others are steep and stony. The journey may be unpredictable, but the map is trustworthy and the Guide always present.

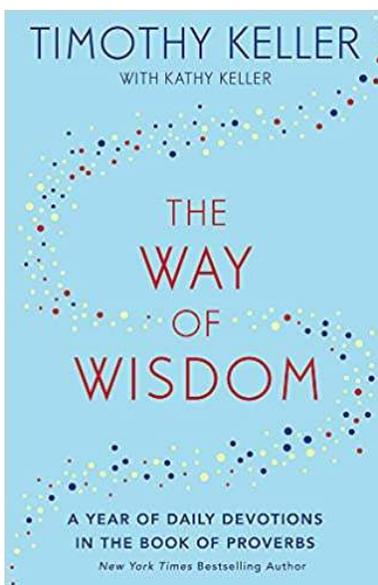
'As surely as winter blossoms into spring, and autumn eventually carpets summer lawns, God's word will excite, challenge, heal and guide us in the year ahead,' says Catherine. 'So, let's walk together!'

**Price: £12.99**



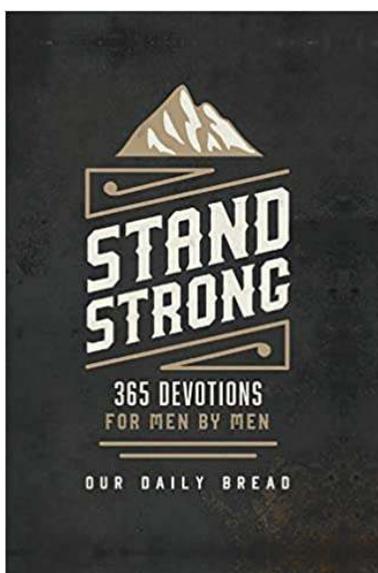
New York pastor Timothy Keller is known for his ability to connect a deep understanding of the Bible with contemporary thought and the practical issues we all face in our lives. *My Rock; My Refuge* - his first devotional, consisting of all new material - offers inspiration for every day of the year, based on the book of Psalms. Here Keller helps readers apply the principles he laid out in his book *Prayer: Experiencing Awe and Intimacy with God*. He walks them verse by verse through the entire Psalter, the one biblical book designed to teach us how to pray, how to spiritually handle every possible life situation, and how to actually know God.

**Price: £10.99**



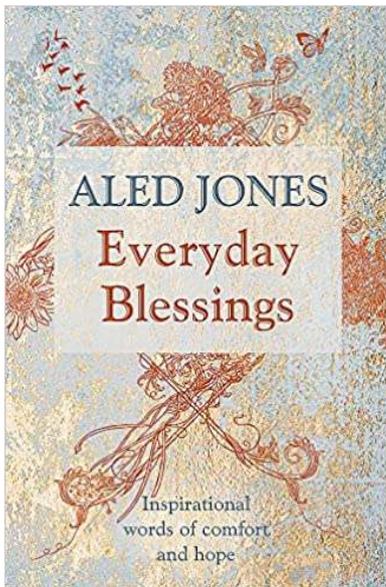
In this devotional - consisting of all-new material - Keller offers inspiration for every day of the year, based on the book of Proverbs. Working through the entire book, Keller brings this ancient wisdom to life and shows how to apply it to the realities of our daily lives. Just as *My Rock; My Refuge* taught readers how to pray, so this inspiring new devotional teaches us how to live lives that are rooted in wisdom.

**Price: £10.99**



The responsibilities of life can wear men down.. But this concise devotional will inspire men to draw strength from the Word of God. Each devotional is practical and brief, taking only five minutes to read. Wisdom from Scripture and insights from the experiences of other men will help readers build a solid foundation--one that allows confidence in the Lord no matter what life brings their way.

**Price: £14.99**



Daily life is so busy that it's hard to see the wood for the trees. Take a few minutes each day to ponder a nugget of wisdom chosen especially for you by singer and presenter Aled Jones.

Aled's faith in God has sustained him all his life -- it is a God that speaks and exists through all things, times and places. Drawing on spiritual wisdom across the ages, from ancient times to the modern day, as well as across diverse cultures, Aled has compiled a daily reader that will help ground and inspire you each day of the year.

The year is divided up into monthly themes, ranging from New Beginnings, to treasuring the little things in life and the power of a smile. Charming line drawing illustrations decorate the page and journalling space allows the reader to respond to what they are reading by either making notes or with a drawing of their own.

A book that's perfect as a gift for mum or dad, it is perfect to dip in and out of during the year and will be a favourite treasure trove of wisdom for all who love watching Aled on BBC TV or listen to his inspiring show on Classic FM.

Compiled by the singer Aled Jones, this book is a compilation of blessings to read throughout the year. Each page is illustrated with a quote to bring you joy and peace everyday.

**Hardback, £14.99**



This powerful series of Bible notes for men is written by Carl Beech who heads up CVM, together with two different 'guest' contributors in each volume.

TV survival celebrity Bear Grylls has commended the Manual and encouraged Christian men in the UK to get on board. He said: *"The Manual is powerful personal and relevant - it has helped me a lot to live my faith day by day"*

Each book contains 60 days of readings, notes and prayers leading men of all ages into a deeper faith and a closer walk with God.

**Price: £4.99 each**

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